



You can learn more about the Malawi Project's "Be The Change" programs by visiting: www.malawiproject.org

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3314 Van Tassel Dr
Indianapolis, IN 46240
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Making A Difference A Year of Involvement

Schools, churches, scouting or college groups, other civic organizations, all look for ways to involve their members in projects that serve the intended recipients, and reward the giving community with a sense of accomplishment and success. The Malawi Project offers a number of venues through which involvement can be accomplished. One is to gather simple, inexpensive items needed for everyday wellbeing. In one of the poorest nations in the world many things taken for granted in the west are almost non-existent. Groups gathering these supplies find themselves more engaged and interested in what is happening than when they simply write a check. Forming groups and having contests to obtain the largest number of items can put excitement in the program. It is also a great way to inform the community about what you are doing to help in Africa.

A campaign to gather these items can be publicized through all manner of communication such as Facebook, community newsletters, church bulletins, school newspapers, LinkedIn, personal letters, phone calls, and neighborhood flyers. Groups focus on a particular item each month, and everyone plans ahead through this 12-month program. Items seldom cost more than a dollar or two, and in many cases extra ones are sitting around the house not being used. The hands-on participation this program can bring will encourage everyone to learn more about the world, its needs and will encourage involvement in foreign assistance.



These simple items, used almost every day in western nations, are often only available in Malawi if contributors send them. They cost so little, but have so much value.

Making A Difference

A Year of Involvement



Month 1 Bars of Soap

Most remote villages have no hand soap. Cleanliness is critical to the health of a family. A bar of soap can help someone avoid infections and a trip to the hospital, or perhaps a life threatening infection.



Month 2 Pens and Pencils

Churches, schools, hospitals and government offices often are without a pen or pencil with which to write. Imagine walking through your house, office, or church and having nothing to write even a small note.



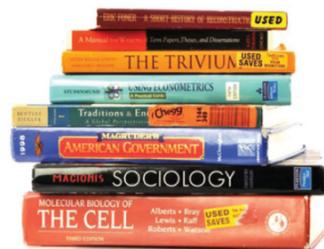
Month 3 Envelopes (All sizes)

Ready to send a letter and realize there is no envelope. Have a set of notes to deliver; no envelope. Envelopes are in short supply, and are needed everywhere. Whether it is a dozen envelopes or a whole box, the need is acute.



Month 4 Band-aids

A cut, bruise, or simple abrasion can easily cause a life threatening infection. Imagine bleeding from a serious cut, but unable to locate a bandage. Imagine not a single band-aid in the medicine chest. Imagine a lost life for lack of a bandaid.



Month 5 School Textbooks

(Used or Past Years)
Sixty or more students and a single book in the library. Who uses it first, teacher or student? How long before all students have been able to access the critically important information?



Month 6 Eye Glasses

(Prescription or Reading Glasses)
Seeing partially, and with deteriorating eyesight, is a problem that can be helped. In Malawi almost no village person can afford eyeglasses. On the other hand, in developed nations we have extra ones, or those we no longer use are lying around the house. Reading glasses can be obtained three pair for less than \$10.00.



Month 7 Aspirin & Pain Medicine

The sick child cries in the night. No pain medicine. Malaria drives the temperature higher. No Tylenol. The patient suffers a broken arm or leg. Not even a single aspirin. Hospitals are often without any pain relief.



Month 8 Writing paper and pads

Children often go to school with no paper on which to write. The teacher gives a single piece of paper to each student for the entire day. Imagine if they could have an entire notebook filled with blank pages all for themselves!



Month 9 Toothbrushes & Toothpaste

An entire family shares a single toothbrush. One has bleeding gums from disease or HIV. The entire family comes down with disease. It all happens because of the lack of a toothbrush.



Month 10 Rubber Gloves

The doctor or nurse operates without a pair of protective rubber gloves. The police officer assists at an accident site without gloves. Disease and death pass through the community, because so one can protect themselves, because there are no gloves available.

Month 11 Burn Ointment & Gauze

Serious burns are common as children falling into open cooking fires while playing are a common occurrence.



Month 12 Hand Tools

Imagine a dozen people trying to construct a new building, with only one hammer, one handsaw, and a single screwdriver, all 12 of them. Hand tools are in short supply and construction is slowed or even stopped for lack of hand tools.

